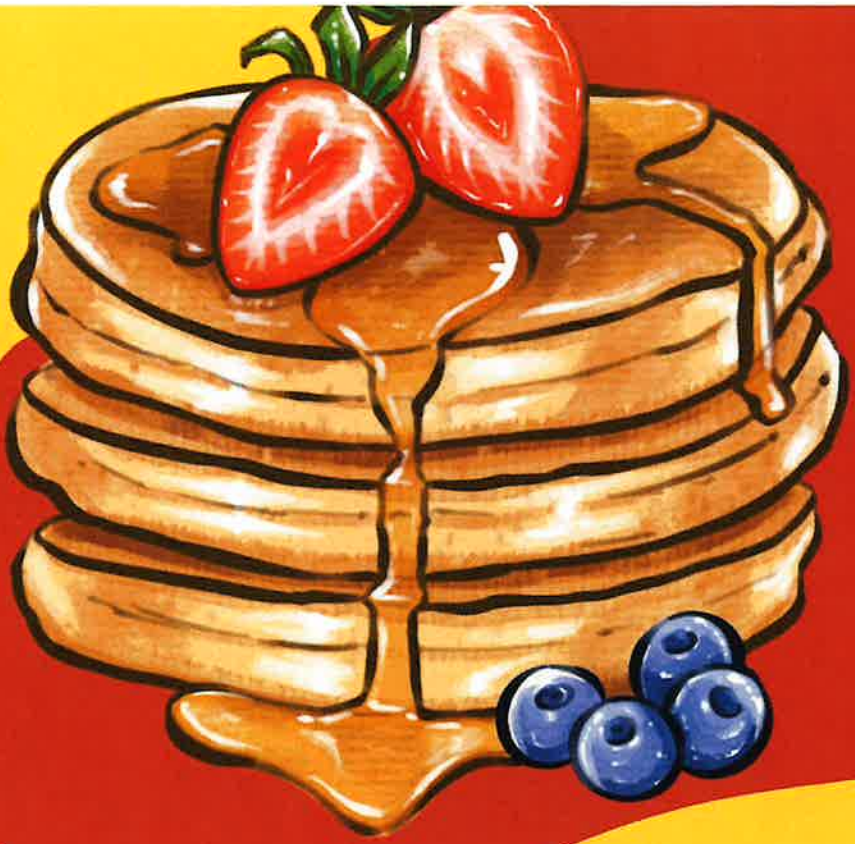








NN Wellness Week

Community Breakfast

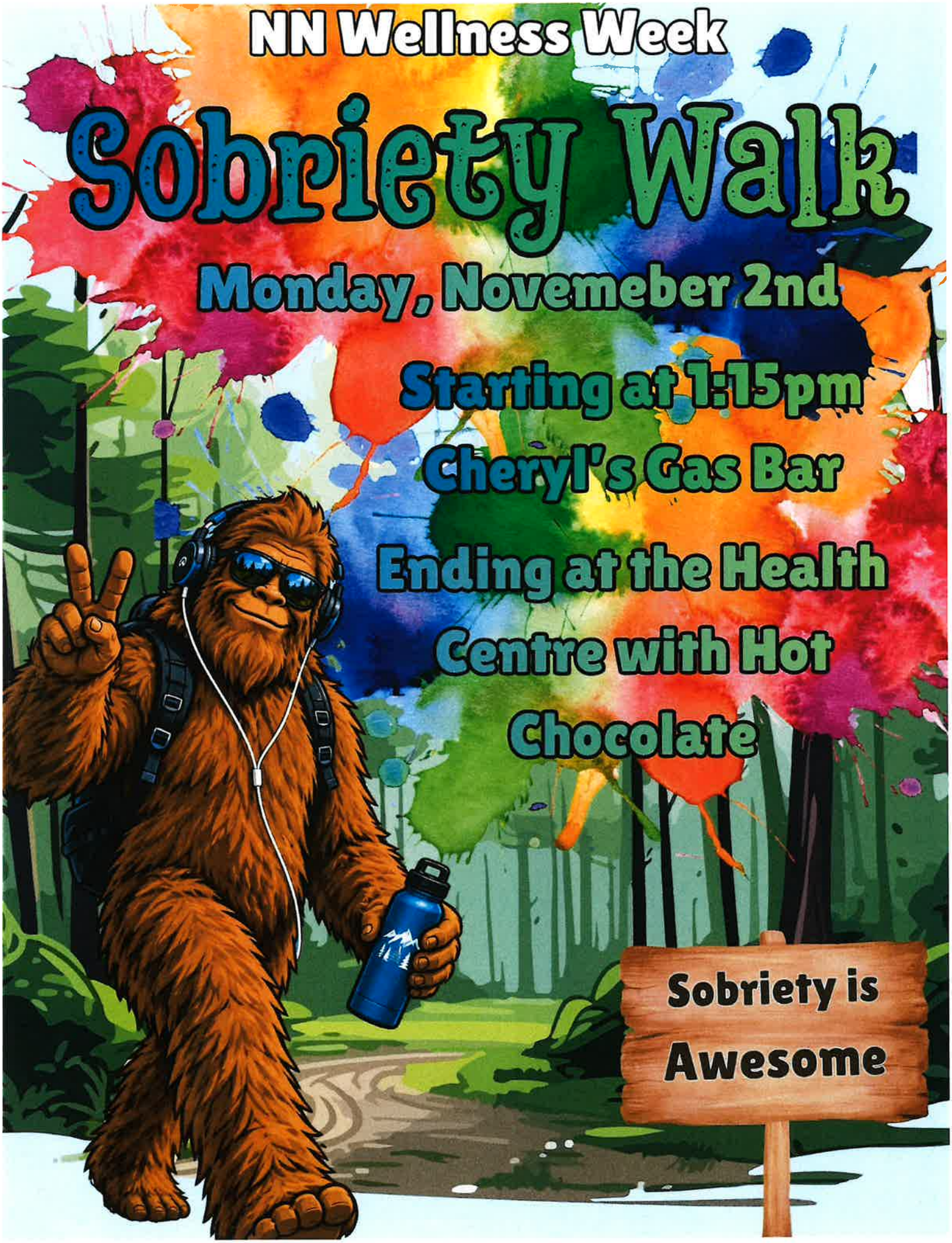


Monday, November 2nd

9:30am

School Gym

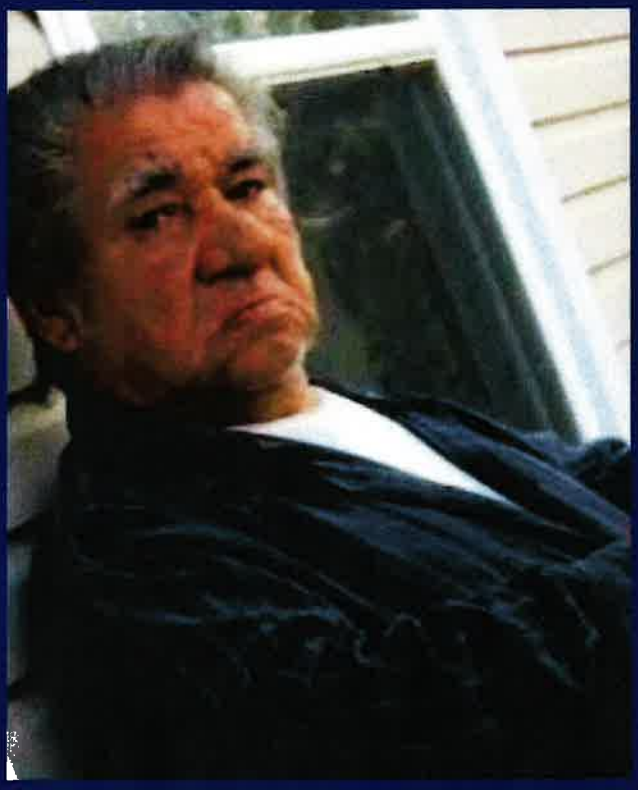



NN Wellness Week
Sobriety Walk
Monday, Novemeber 2nd
Starting at 1:15pm
Cheryl's Gas Bar
Ending at the Health Centre with Hot Chocolate
Sobriety is Awesome

You're Invited to our

COMMUNITY FEAST

Honouring Late Willard Desmoulin



November 2nd

School Gym

4:30-6pm

NN Wellness Week 2026

Parade of Lights

Monday, November 2

Meet at Health Center & Parade will start at 6:00pm

All motorized vehicles welcome- Get creative

Lights are not provided

MEDICINE NECKLACE WORKSHOP



NETMIZAAGGAMING NISHNAABEG CULTURAL CENTER

NOV 3RD 10AM-3PM

TO REGISTER CONTACT THE HEALTH CENTRE

MAX 15 PARTICIPANTS

LUNCH PROVIDED

MEDICINE BEAR WORKSHOP



NETMIZAAGGAMING NISHNAABEG CULTURAL CENTER

NOV 4TH 10AM-3PM

TO REGISTER CONTACT [redacted] Health Centre

MAX 15 PARTICIPANTS
LUNCH PROVIDED

Dilico
Anishinabek Family Care

NN Wellness Week

Beading with Doug Turnner

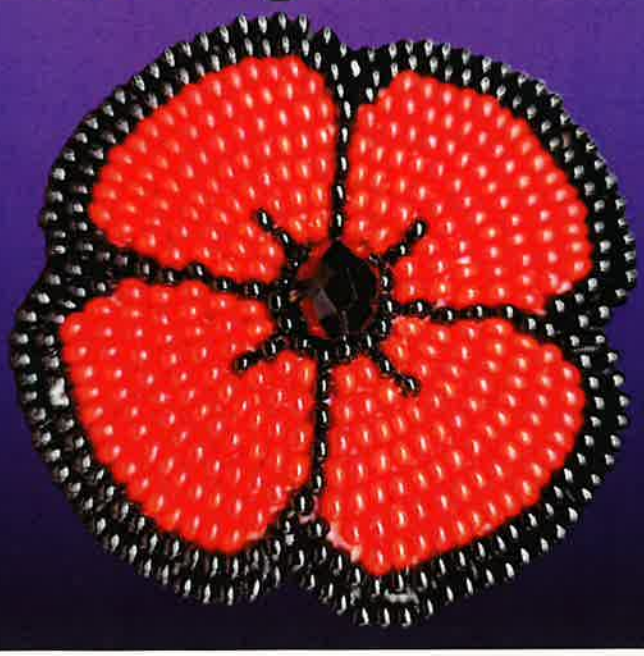
Where: Health Centre

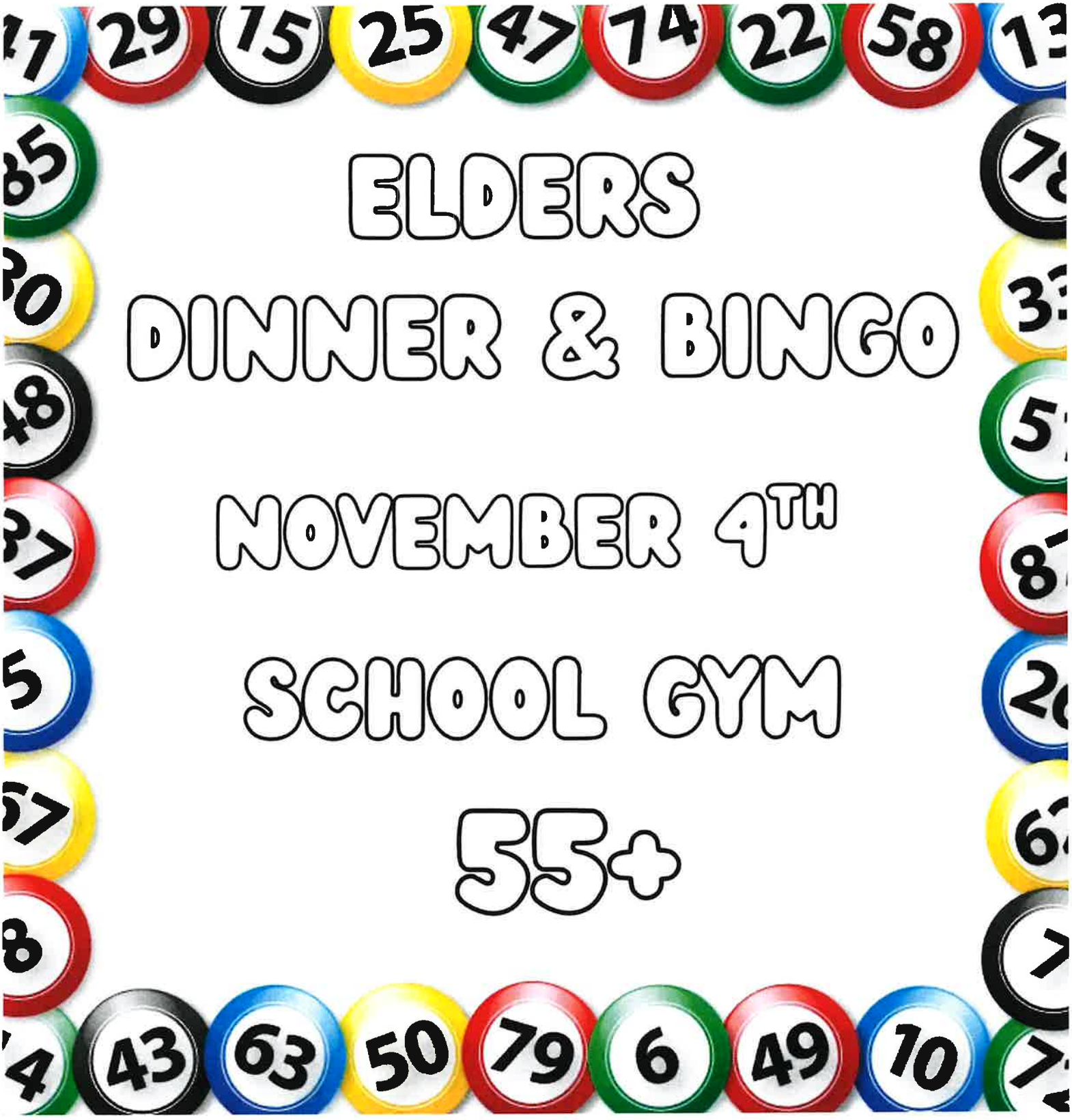
When: Wednesday, November 4th

Time: 10am– 3pm

Please call 807–822–2625 to sign up

Limited Spots Avalible





ELDERS DINNER & BINGO

NOVEMBER 4TH

SCHOOL GYM

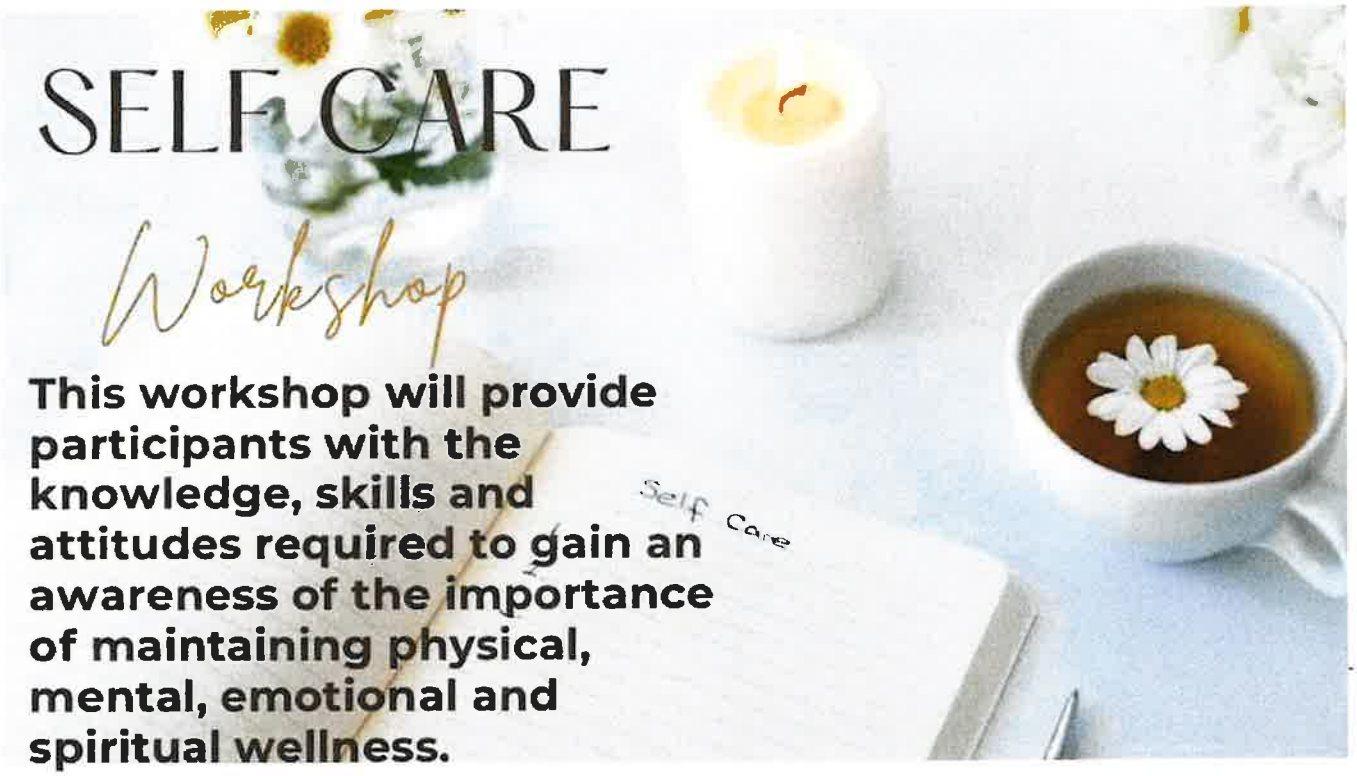
55+

RIDES AVALIBLE PLEASE

CONTACT HEALTH CENTRE

807-822-2625

Biidaaban Healing Lodge Presents: Self-Care & the Journey to Wellness



Seven Grandfather
&
Medicine Wheel Teachings

Self Care Workshop and Activities

Lunch will be provided



Max 15 participants

Join Us for a

Drum Social

with

Soup & Bannock

November 4th

5pm-7pm

Cultural Centre



Brought to you by our

Landbase

and Band Rep Program

YOU ARE INVITED TO A

Community Appreciation Dinner

HOSTED BY

NN Mental Health & Addiction Services

NOV	5	4-6PM

AS PART OF OUR COMMUNITY WELLNESS WEEK!

LOCATION: NN SCHOOL GYM

DEADLY UNCLE VIBES



@

NETMIZAAGGAMIG

NISHNAABEG SCHOOL GYM

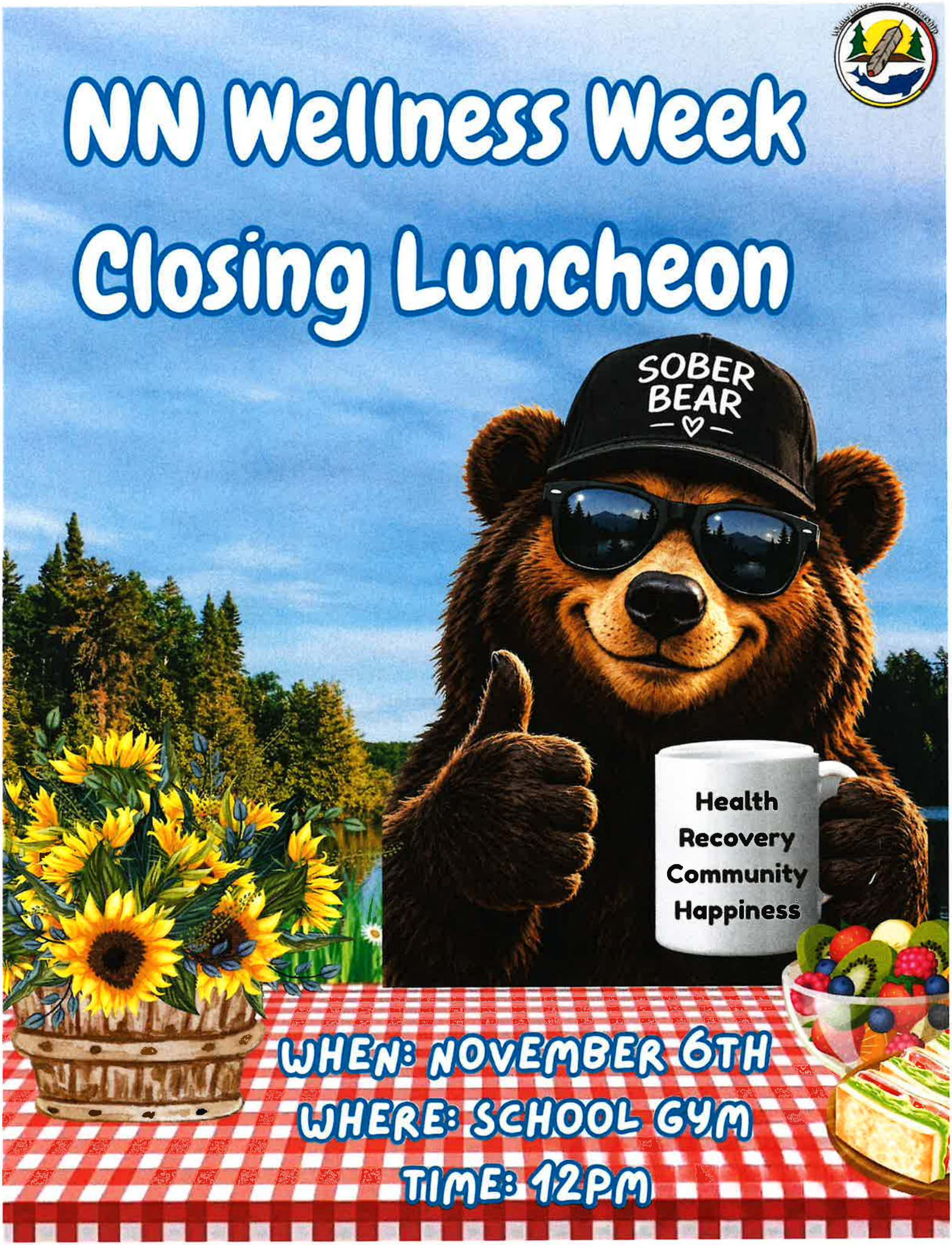
DINNER WILL BE HELD 4-6 PM

FOLLOWED BY

SOBER IS DEADLY SHOW

COME LAUGH, DANCE AND HAVE FUN.

NN Wellness Week Closing Luncheon



WHEN: NOVEMBER 6TH

WHERE: SCHOOL GYM

TIME: 12PM

NN Wellness Week



Fun!

Prizes!

CORNHOLE Tournament



Friday, November 6th

6:00 PM

School Gym

Light Snacks Provided

Hosted by Northeast Wellness & Crisis Team and CCP